



U.S. Department of Energy

Albany Research Center
1450 Queen Avenue, SW
Albany, OR 97321-2198



Mr. Jeff Davidson
Breathing Space Institute
2417 Honeysuckle Road, #2A
Chapel Hill, NC 27514-6819

Mr. Davidson,

I recently attended the DOE Human Resource Conference in Pittsburgh and attended your session on Breathing Space. I thought it was a very good presentation, and was interested in getting a copy of your live recording on Relaxing at High Speed. I would very much appreciate it if you would send me a copy to:

Albany Research Center
ATTN: Jim Barton
1450 SW Queen Ave SW
Albany, OR 97321

Thanks very much

A handwritten signature in black ink, appearing to read "Jim Barton".